

A future free from violence...

Starts with equality and respect.



This includes promoting women's independence and decision making.



If you or someone you know is impacted by family violence, help and support is available.



Safe Steps - Family Violence Response Centre
safesteps.org.au
1800 015 188 (24 hours)
safesteps@safesteps.org.au
Web chat available (Mon-Fri, 9am – midnight)



1800 RESPECT – National 24 hr counselling, helpline, information and support
1800respect.org.au
1800 RESPECT (1800 737 732) (24 hours)
Web chat available (24 hours)



The Orange Door – Local support and safety hub for women, children, young people and families
orangedoor.vic.gov.au
1800 319 353 (9am to 5pm Mon-Fri)
bpa@orangedoor.vic.gov.au



Rainbow Door – Specialist helpline for LGBTQIA+ Victorians, their friends and family
rainbowdoor.org.au
1800 729 367 | SMS 0480 017 246 (10am-5pm daily)
support@rainbowdoor.org.au



inTouch – Multicultural Centre Against Family Violence
intouch.org.au
1800 755 988
admin@intouch.org.au



No to Violence – Men's Referral Service
ntv.org.au
1300 766 491



Djirra – Aboriginal family violence prevention and legal service
djirra.org.au
9244 3333
info@djirra.org.au



Kids Help Line Support – for children, young adults (18-25), parents and schools/teachers
1800 55 1800 (24 hours)
kidshelpline.com.au



Daisy app Support services in your local area



Sunny app For women with disability who have experienced violence and abuse

If you are in immediate danger or to report an incident, please call the Police on 000.

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This includes supporting our boys and men to be positive role models and enjoy healthy relationships.



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This can include sharing parenting duties and household tasks.



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This includes supporting and celebrating all identities.



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This includes relationships free from abuse and controlling behaviours.



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This includes creating healthy and strong families.



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This includes creating equality on and off the field.



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