

## Senior Clubs

### Aspendale Senior Citizens Club

**Location:** Aspendale Senior Citizens Centre,  
151A Station St, Aspendale

**Meetings:** daily activities (various times)

**Activities:** Live entertainment concerts, ballroom dancing, line dancing, occasional luncheons (special celebrations), gentle exercise, table tennis, chair Yoga etc.

**Contact:** Sheila 9772 5639

### Cheltenham Life Activities Club

**Location:** Cheltenham East Community Centre,  
41 Follett Rd, Cheltenham

**Meetings:** daily activities (various times)

**Activities:** walking group, table tennis, bus trips, cards, Bolivia, Mahjong, scrabble, rummy tiles, badminton.

**Contact:** Annette 0417 506 299

[annette3195@optusnet.com.au](mailto:annette3195@optusnet.com.au)

### Dingley Senior Citizens Club

**Location:** Dingley Neighbourhood Centre,  
31B Marcus Rd, Dingley Village (Harold Box Hall)

**Meetings:** Monday 12.30pm – 3.00pm

**Activities:** social bingo, board games, cards, afternoon tea and occasional day trips.

**Contact:** Sandra 9558 1490

### Carrum Community Activity Centre

**Location:** Carrum Activity Hub,  
38 Valetta St, Carrum

**Meetings:** *Thurs 10am – 2.30pm*

**Activities:** light exercise, craft, guest speakers, art classes, and monthly outings, light lunch provided

**Contact:** Eunice 9772 6524

**Meetings:** *Mon & Sat 12.30 – 3.30pm*

**Activities:** Carpet bowls

**Contact:** Beverley 0417 553 134

## Senior Clubs

### Moorabbin Seniors Club

**Location:** Moorabbin Activity Hub,  
964 Nepean Hwy, Moorabbin  
**Meetings:** Monday & Thursday various hours  
**Activities:** table tennis  
**Contact:** John 0404 728 903

### Kingston University of Third Age (KU3A)

**Location:** The Old Courthouse,  
37 Albert St, Mordialloc  
**Meetings:** daily, various hours  
**Activities:** variety of art & craft activities,  
various exercise groups, games, various  
interest groups  
**Contact:** Office 9580 8328 (9.30am–  
12.30pm)  
[office@u3akingston.org.au](mailto:office@u3akingston.org.au)

## Italian Senior Clubs

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| <b>Senior Citizens of the Freccia Azzurra Club</b>      | <b>Location:</b> Freccia Azzurra Club,<br>784 -796 Springvale Rd, Braeside<br><b>Meetings:</b> Tuesdays 9.30am – 4.30pm<br><b>Activities:</b> bingo, bocce, cards, other games, Italian lunch, and monthly lunch / dance<br><b>Contact:</b> Antonietta 0414 922 797  |
| <b>Italian Senior Citizens of Kingston “La Baracca”</b> | <b>Location:</b> La Baracca, 30 – 36 Ross St, Heatherton<br><b>Meetings:</b> Wednesday, Friday, Saturday, Sunday various times, various activities<br><b>Activities:</b> Italian lunch, occasional bus tours, chatting, cards, billiards, bocce, monthly lunch / dinner / dance<br><b>Contact:</b> Giovanna 0421 045 648 |
| <b>Cosenza Senior Citizens Club of Kingston</b>         | <b>Location:</b> Clarinda Community Centre,<br>58 Viney St, Clarinda<br><b>Meetings:</b> Thursdays 11.00am – 4.00pm<br><b>Activities:</b> Italian lunch, games, outings, guest speakers, and monthly lunch / dance<br><b>Contact:</b> Silvana 0414 478 053   |
| <b>Avelino Circolo Pensioners of Springvale</b>         | <b>Location:</b> 25 James St, Clayton South<br><b>Meetings:</b> 2nd Sunday from 6.30pm<br><b>Activities:</b> bingo, cards, billiards, outings, lunch<br><b>Contact:</b> Natalina 0408 660 629  |
| <b>Italian Social Club City of Moorabbin</b>            | <b>Location:</b> Freccia Azzurra Club<br>784 -796 Springvale Rd, Braeside<br><b>Meetings:</b> Tuesday 10am – 3pm<br><b>Activities:</b> cards, billiards, lunch<br><b>Contact:</b> Filomena 0432 856 431  |
| <b>Circolo Pensionati Italiani Di Bentleigh</b>         | <b>Location:</b> 2 Arthur St, Bentleigh East<br><b>Meetings:</b> Wednesday – Sunday from 6.30pm<br><b>Activities:</b> bingo, cards, billiards, outings, lunch<br><b>Contact:</b> Giuseppina 0412 660 267   |

## Italian Senior Clubs

### **Circolo Pensionati Italiani Di Oakleigh & Clayton**

**Location:** Clayton Hall, 264 Clayton Rd, Clayton  
**Meetings:** Mondays & Wednesdays  
10.00 am - 3.00pm  
**Activities:** exercise class & lunch Mon, cards, guest  
speakers, outings, and monthly lunch / dance  
**Contact:** Flora 0499 908 777 or Lily 0435 032 614

### **Circolo Pensionati Campani Italiani Di Clayton**

**Location:** Clayton Hall, 264 Clayton Rd, Clayton  
**Meetings:** Thursdays 10.00am – 4.00pm  
**Activities:** lunch, cards, bingo, special celebrations  
– lunch / dance  
**Contact:** Gaetano 9546 2834

### **Italian Senior Citizens of Moorabbin**

**Location:** Moorleigh Community Village;  
90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Mondays 11.30am - 3.30pm  
**Activities:** cards, bingo, billiards, lunch  
**Contact:** Bob 0418 104 131

### **Associazione Pensionati Laziali Di Monash**

**Location:** Fregon Hall, 4 Fregon Rd, Clayton  
**Meetings:** Mondays 8.30am – 4.00pm  
**Activities:** lunch, bocce, information sessions, bus  
trips, women's' exercise program, cultural  
celebrations  
**Contact:** Patrick 5945 7776

### **The Italian Pension Club of Kingston**

**Location:** Moorleigh Community Village,  
90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Monday /Wednesday /Sunday 6.30pm -  
10.30pm  
**Activities:** Socializing, every 2nd Saturday of the  
month dinner dance.  
**Contact:** Manuela 0424 207 517

### **Circolo Pensionati “Don Bosco”**

**Location:** 40 Haughton Rd, Oakleigh  
**Meetings:** Mondays, Wednesdays 12pm – 4.00pm  
and Fridays 11am – 4pm  
**Activities:** bocce, cards, social bingo, discussions,  
lunch  
**Contact:** Pasquale 0409 554 954

## Greek Senior Clubs

### **Lemnian Community of Victoria Seniors Group**

**Location:** Lemnian Community Centre,  
906 Springvale Rd, Braeside  
**Meetings:** Thursdays 9.00am - 3.00pm  
**Activities:** games, lunch, bus tours  
**Contact:** Fillitsa 0424 503 394

### **Australian Greek Senior's Club of Mentone**

**Location:** Parkdale Bowling Club,  
Alameda Pl, Parkdale  
**Meetings:** Thursday 8.00am – 3.00pm  
**Activities:** games, socializing, lunch  
**Contact:** Anna 0438 071 547

### **Argos & District Australian Greek Senior Citizens Club of Kastoria**

**Location:** Moorleigh Community Village,  
90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Fridays 10.00am – 4.00pm  
**Activities:** games, lunch, bus tours  
**Contact:** Vasilios 9570 7766

### **Kondia Limnos Senior Citizens Club**

**Location:** Moorleigh Community Village,  
90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Wednesdays 1.30pm – 5.30pm  
**Activities:** games, lunch, bus tours  
**Contact:** Tina 0411 304 954

### **Hellenic Community of the City of Moorabbin Seniors Group**

**Location:** 57 Madden Rd, Heatherton  
**Meetings:** Wednesdays 10.00am – 2.00pm  
**Activities:** Morning tea, card games, chess, bingo,  
lunch, day outings, extended tours  
**Contact:** Trifon 0407 500 994

### **Clarinda & District Greek Senior Citizens Club**

**Location:** 57 Madden Rd, Heatherton  
**Meetings:** Thursdays 9.00am – 1.00pm  
**Activities:** games, lunch, bus tours  
**Contact:** John 0402 220 129

## Greek Senior Clubs

### **Greek Senior Citizens Club of Moorabbin**

**Location:** Moorleigh Community Village,  
90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Thursdays 9.00am – 2.00pm  
**Activities:** card games, billiards, social bingo,  
lunch  
**Contact:** Julia 9555 1197

### **Greek Women's Senior Citizens Club of McKinnon RHEA**

**Location:** Moorleigh Community Village,  
90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Wednesdays 9.30am – 1.30pm  
**Activities:** games, lunch, bus tours  
**Contact:** Roula 0405 666 850

### **Multicultural Senior Citizens Group of Kingston and Surroundings Regions**

**Location:** Highett Pavilion,  
27- 33 Turner Rd, Highett  
**Meetings:** Tuesdays 9.00am – 2.30pm  
**Activities:** games, socializing, lunch  
**Contact:** Georgia 9553 3026

### **Greek Elderly Citizens of Clayton & District**

**Location:** Clarinda Community Centre,  
58 Viney St, Clarinda  
**Meetings:** Tuesdays 9.00am – 1.00pm  
**Activities:** games, socializing, lunch  
**Contact:** Elisseos 0416 316 589 or Niki 9551  
7734

### **The Three Hierarchs Greek Elderly Group**

**Location:** Church of Three Hierarchs,  
44 Knight St, Clayton  
**Meetings:** Tuesdays 8.30am – 2.00pm  
**Activities:** games, lunch, day trips  
**Contact:** Visile 0411 012 619 or 9544 5706

### **Greek Orthodox Community of Clayton**

**Location:** 10 Oaks Ave, Clayton South  
**Meetings:** Tuesdays 8.30am – 1.30pm  
**Activities:** games, socializing, lunch, outings  
**Contact:** Arthur 0412 345 223

## Greek Senior Clubs

**Cyprian Community of the Southern Suburbs of Melbourne Senior Citizens Club**

**Location:** Kingston Heath Reserve, 301 – 307 Centre Dandenong Rd, Cheltenham  
**Meetings:** Mondays 8.30am – 2.00pm  
**Activities:** games, lunch, bus tours  
**Contact:** Theodoros 0412 004 500

**Greek Seniors and Pensioners Association of Clayton & District**

**Location:** Clayton Hall, 264 Clayton Rd, Clayton  
**Meetings:** Tuesdays 8.00am – 1.00pm  
**Activities:** games, lunch, day trips  
**Contact:** Katerina 9544 6141

**Independent Hellenic Senior Citizens Association of Clayton**

**Location:** Clayton Hall, 264 Clayton Rd, Clayton  
**Meetings:** Wednesdays 8.30am – 1.30pm  
**Activities:** games, lunch, bus tours  
**Contact:** Fani 9547 3565

**Greek Senior Citizens of Southern Eastern Region District**

**Location:** Moorleigh Community Village, 90 – 92 Bignell Rd, East Bentleigh  
**Meetings:** Tuesdays 9.30am – 2.30pm  
**Activities:** games, guest speakers, bus tours, socializing, lunch  
**Contact:** Peter 0412 739 229

**Benevolent Association of Nafpaktians**

**Location:** 2-18 Ross St  
**Meetings:** Tuesday 9.30am – 2.30pm  
**Activities:** games, guest speakers, bus tours, socializing, lunch  
**Contact:** George 0447 532 761

## Other Ethnic & Multicultural Senior Clubs

- Kingston Chinese Senior Citizens Club**      **Location:** Clarinda Community Centre,  
58B Viney St, Clarinda  
**Meetings:** Fridays 10am – 4.00pm  
**Activities:** Tai Chi, mah-jong, art, craft, singing,  
dancing, festivals, information session and lunches  
**Contact:** Anna 0408 397 221
- ChuChu Club Vietnamese Seniors’  
Group**      **Location:** Melaleuca Activity Hub,  
31 Melaleuca Dr, Clarinda  
**Meetings:** Tuesdays 6.30pm – 9.00pm  
**Activities:** exercise, dancing, socializing  
**Contact:** Chuong 0421 128 748 (call after 12.00pm)
- Filipino Elderly Association of South  
East Region P.E.A.S.E.R**      **Location:** Sundowner Community Centre,  
24 Sundowner Ave, Clarinda  
**Meetings:** Sundays 1.00pm – 5.00pm  
**Activities:** socializing, entertainment, information  
sessions, meals  
**Contact:** Ofelia 9558 2740
- Unified Filipino Elderly Association  
(UFEA)**      **Location:** Melaleuca Activity Hub,  
31 Melaleuca Dr, Clarinda  
**Meetings:** Saturdays 11.00am – 4.30pm  
**Activities:** cultural activities, social events,  
information sessions  
**Contact:** Joey 0434 996 390
- Filipino – Australian Seniors  
Association**      **Location:** Mentone Activity Hub,  
29 Venice St, Mentone  
**Meetings:** Sundays 12.00pm – 5.00pm  
**Activities:** Lunch, gentle exercise, information  
sessions, music and dance, day trips, picnicks,  
multicultural events  
**Contact:** Len 0422 440 255
- Kingston Billiards Senior Citizens Club**      **Location:** Moorabbin Activity Hub,  
964 Nepean Hwy, Moorabbin  
**Meetings:** Tue, Wed, Fri 9.30am – 1.30pm  
**Activities:** Billiards, snooker, chatting over cuppa  
**Contact:** Olek 0412 168 118 or Peter 0418 543 424



## Other Ethnic & Multicultural Senior Clubs

### Clarinda Seniors Social Club

**Location:** Clarinda Community Centre,  
58B Viney St, Clarinda  
**Meetings:** Mondays 10.30am – 3.00pm  
**Activities:** dominoes, mah-jong, cards, socializing,  
singing  
**Contact:** Alain 0425 752 836

### Spanish Speaking Senior Citizens Club of Clayton

**Location:** Clayton Hall, 264 Clayton Rd, Clayton  
**Meetings:** Tuesdays 9.00am – 4.00pm  
**Activities:** craft, games, guest speakers, festivals,  
outings, lunch  
**Contact:** Gladys 8502 8796

### Croatian Senior Citizens Group of Keysborough

**Location:** 798 – 808 Springvale Rd, Braeside  
**Meetings:** Thursdays 9.00am – 2.00pm  
**Activities:** cards, billiards, bingo, outings,  
information sessions, lunch  
**Contact:** Lucija 0403 000 443

### Multicultural Nature Guides

**Location:** Highett Community and Neighbourhood  
House, 2 Livingstone St, Highett  
**Meetings:** Mon -Wed, various hours  
**Activities:** table tennis, chess, gentle exercise  
**Contact:** Maya 0402 513 817

### Senior Russian Social Club “Friendship”

**Location:** Hampton Senior Citizens Centre,  
14 Service St, Hampton  
**Meetings:** Fridays 3.30pm – 5.00pm and 4th  
Sunday / month 5pm – 8pm  
**Activities:** Yoga for seniors, socializing, concerts,  
dinner / dance, cultural celebrations  
**Contact:** Rachel 0423 488 094

### Oakleigh Coptic Senior Social Club

**Location:** Moorleigh Village,  
92 Bignell Rd, East Bentleigh  
**Meetings:** Mondays 10am – 3pm  
**Activities:** games, information sessions, lunches,  
outings  
**Contact:** Dalal 0449 093 024

## Other Ethnic & Multicultural Senior Clubs

### Kingston Indian Senior Citizens Association

**Location:** Dingley Neighbourhood Centre,  
31B Marcus Road, Dingley

**Meetings:** Third Sunday of each month:  
3.00 - 6.00 pm (Summer Months);  
2.00 - 5.00 pm (Winter months).

**Activities:** Games, singing, guest speakers, bus trips, celebration, festivals and meals

**Contact:** Ashok 0432 816 557 or Satendra 0420 339 392

### Archangel Michael Senior Social Club of Oakleigh

**Location:** 136 Drumond St, Oakleigh

**Meetings:** Thursdays 11.00am – 3.00pm

**Activities:** games, information sessions, lunches, outings

**Contact:** Joseph 0421 324 666

### Chinese International Cheongsam Association of Australia

**Location:** Melaleuca Activity Hub,  
31 Melaleuca Dr, Clarinda

**Meetings:** Fridays 9.30am - 12.30pm

**Activities:** model training, music, dance, catwalks in Chinese / international costumes

**Contact:** Xiaojuan 0430 885 562

### Henan Province Hometown Association of Australia

**Location:** Clarinda Community Centre,  
58B Viney St, Clarinda

**Meetings:** Wednesdays 9.30am – 3.30pm

**Activities:** dancing, singing, TaiChi, chess, Mahjong, information sessions

**Contact:** Fu 0425 472 828 or Anna 0424 812 388

### Red Chamber Chinese Art Group

**Location:** Melaleuca Activity Hub,  
31 Melaleuca Dr, Clarinda

**Meetings:** Tuesdays 10am - 4pm

**Activities:** special interest in Chinese culture, listening and watching opera performances, attending cultural event, performing art programs

**Contact:** Min 0458 482 581